

# MOORHEAD LADY PANTHERS ATHLETIC PROGRAM

The coaches will be coming to Grangerland in April-May 2016 to evaluate the girls that are interested in athletics. The Moorhead coaches will use their evaluations along with the Grangerland fitness tests to select a group of about 50 girls to be put into the athletic class at Moorhead. ONLY the girls selected will be notified by mail in May if their scores are high enough to be put into athletics.

Try-outs for the sports teams will be held during their 7<sup>th</sup> grade school year starting in August 2016. Even if you are not in athletics you CAN try-out for the different teams.

Volleyball and Cross Country seasons run from late August to the end of October. Basketball season begins in November and ends the first week of February. Track begins in February and ends early April. Soccer Tennis and Golf are April through May. A student may try-out for one or any combination of sports offered. IT IS possible to be on an athletic team and be involved in Choir, Band or Orchestra.

IT IS NOT possible to be on the Drill Team and on the Volleyball team.

Practices for the 7th grade girls Volleyball, Basketball, and Track will be before school starting at 7:15 a.m. Most games will be played on Thursday afternoons and evenings. Work-out clothes and game uniforms are furnished by the athletic department. The student is responsible for having a physical from a Doctor after April 15, 2016 and before school starts in August 2016. Texas UIL prohibits playing without a current physical. One physical will cover the student for all sports during the 2016-2017 school year.

Physicals will be offered at a later date thru the Caney Creek Sports Medicine department. Information on physicals will come later.

Parents must supply transportation to practices and after the home games. It is possible to ride the Caney Creek bus for early morning school practices CISD provides transportation to and from all away games.

**Athletics is a privilege not a right. Athletics is a commitment by the student and their family to work hard in sports as well as in classes. Because of the "no pass no play rule" in the state of Texas, grades are monitored every 3 weeks and the coaches stress academics before athletics. Students with grades below 70 will be unable to compete for 3 weeks.**

We are looking forward to working with the girls and watching them develop into the best players they can be. If you have any questions feel free to call our office.

We will have open gym time for Volleyball and Basketball at Moorhead starting in May. More information will come later this spring.

**Moorhead Coaches  
936-709-2425**

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