

# MOORHEAD GIRL'S PHYSICAL EDUCATION

**GRADING** - 100 POINTS AVERAGE PER NINE WEEKS. GRADES ARE ASSIGNED BY EACH INSTRUCTOR WITH EMPHASIS ON DRESSING OUT, PARTICIPATION AND FITNESS.

**POINT DEDUCTIONS** - NOT DRESSING OUT IS -10 POINTS EACH DAY. DRESSING OUT BUT NOT CHOOSING TO PARTICIPATING IS A 0 GRADE FOR THE DAY

**WORK OUT CLOTHES** - WILL BE PROVIDED BY THE SCHOOL. THEY MUST BE KEPT AT SCHOOL AND RETURNED AT THE END OF THE SCHOOL YEAR IN GOOD CONDITION.

**ALL CLOTHES WILL BE WASHED WEEKLY AT MOORHEAD JR. HIGH. \$10.00 FEE FOR THE YEAR WILL BE CHARGED FOR LAUNDRY.**

PLEASE SEND CASH OR CHECK TO MOORHEAD JR. HIGH BEFORE SEPTEMBER 30, 2016.

**NO BOOTS, SANDALS, SPERRYS OR ANY OTHER TYPES OF SHOES MAY BE WORN. TENNIS SHOES ARE REQUIRED**

**LOCKS AND LOCKERS** ARE PROVIDED FOR EACH STUDENT TO SECURE PERSONAL BELONGINGS AS WELL AS THEIR ISSUED PE CLOTHES

\*\*\*\*\* STUDENTS ARE STRONGLY ENCOURAGED NOT TO BRING VALUABLES TO CLASS (EXPENSIVE JEWELRY, LARGE SUMS OF MONEY, CELL PHONES, IPODS, CAMERAS)

**PLEASE DO NOT GIVE OUT COMBINATIONS TO ANYONE.**

\*\*\*\*\* ALWAYS LOCK YOUR LOCKER. MOORHEAD IS NOT RESPONSIBLE FOR ITEMS NOT SECURED\*\*\*\*\*

**EXCUSED FROM ACTIVITIES-** TO BE EXCUSED FOR A TEMPORARY DISABILITY, A NOTE FROM A PARENT MUST BE BROUGHT FOR A MAXIMUM OF 3 DAYS. THIS WILL EXCUSE THE STUDENT FROM PARTICIPATING. THE STUDENT WILL STILL DRESS OUT AND EITHER WALK OR DO WRITTEN WORK.

**GENERAL RULES-** NO GUM OR CANDY DURING CLASS, BE RESPECTFUL TO ALL, TRY EVERYTHING

COACHES OFFICE 936-709-2425

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**I HAVE READ THE CLASS LETTER.** STUDENT \_\_\_\_\_

PARENT \_\_\_\_\_ TEACHER \_\_\_\_\_

CLASS PERIOD \_\_\_\_\_

DATE \_\_\_\_\_